







This programme is funded by the European Union

To Europe and beyond!

# **WELCOME BOOKLET**



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 $\boxtimes$  postal address :

IFSI de l'IHFB CNIT3 2, place de la Défense 92800 PUTEAUX

Come and join us at the Franco-British Hospital Institute's School of Nursing.

(IHFB's School of Nursing)

Réalisation: Mme Catherine FAURANT - Juin 2017



# TABLE OF CONTENTS

INTRODUCTION	1
PRESENTATION OF OUR NURSING COURSE	2
SCHOOL AMENITIES	10
LOGEMENT - ACCOMMODATION	13
ACCES TO THE IHFB NURSING SCHOOL BY PUBLIC TRANSPORT	18
USEFUL LINK	19



#### INTRODUCTION

**The IHFB School of Nursing** has a long history as the first in-take of student nurses took place in 1958.

Since 2014 the school has been located in new and spacious premises in La Défense district of Paris. The school trains 90 student nurses annually.

The IHFB School of Nursing is making the development of international relations one of its key priorities.

Thanks to the Erasmus+ Charter and exchanges with schools outside Europe, our school is able each year to increasingly:

- develop collaborative training projects
- welcome foreign students and guest lecturers
- develop the mobility of our students and our school's tutors

In keeping with our values:

" Responsability, Adaptability, Respect for Others and Tolerance "



## PRESENTATION OF OUR NURSING COURSE

The duration of our nursing diploma course is **3 years**, ie. **6 Semesters (4,200 hours)** 

Semesters 1, 3 and 5 start on the **first Monday of September** and end on **31st January**.

Semesters 2, 4 and 6 start on 1st February and end on 7th July.

The French **State Nursing Diploma** is obtained by acquiring the 10 skills necessary to practice the various activities of the nursing profession. This corresponds to obtaining 180 European Credits (ECTS), ie 30 credits validated per semester.

Each semester includes theory-based teaching divided into teaching modules (UE), and clinical instruction.



Access our reference book « The Nursing Profession. The principle texts regarding nurse training in preparation for the French State Diploma and the practice of nursing ».

https://www.legifrance.gouv.fr/affichTexte.do?cidTexte=JORFTEXT000020961044





Theory- based instruction takes the form of lectures (CM), tutorials (TD) and personal work (guided or autonomous)

**Lectures** are given both by university lecturers from Pierre & Marie Curie University in Paris and by the school's nurse educators, only in French language.

These are held either:

- In the lecture hall of the Pierre & Marie Curie University located at 91-105 boulevard de l'Hôpital Paris 13th district and/or by distance learning through the use of videos and PDF documents. A password is required to access these documents.
- **At the nursing school in the CNIT, La Défense**. These are theory-based lectures given to the entire class of students of each year (92 students)

**Tutorial classes** are a compulsory part of the training programme and are run for smaller groups of students than lectures. These classes are given at the nursing school.

They serve **to illustrate**, **expand on and complete lectures** by introducing new information, either theoretical or practical, and in which students can prepare presentations, carry out exercises and tasks, and work on clinical situations or simulations.

**Individual guided study** is study time during which **students can carry out research work or studies** on their own, prepare presentations, written work and/or projects, carry out any work required of them or meet with their personal academic tutor to discuss their progress. During these individual study times students are guided by the tutors from the nursing school.

The 59 teaching modules contribute to the acquisition of the 10 core competences and are divided as follows:



# **2nd Year Course Units**

CU	SEMESTER 3	Credits
UE 1.2	Public Health & Health Economics	3 ECTS
UE 2.5	Inflammatory & Infectious Processes	2 ECTS
UE 2.8	Obstructive Processes	2 ECTS
UE 2.11	Pharmacology & Therapeutics	1 ECTS
UE 3.2	Nursing CarePlans	1 ECTS
UE 3.3	Nursing Roles, Work Organization and Interprofessionalism	1 ECTS
UE 4.2	Communication skills	2 ECTS
UE 4.6	Educational and Preventive Care	2 ECTS
UE 5.3	Communication and Project Management	4 ECTS
UE 5.8	10- week Clinical Practice Placement	10 ECTS
UE 6.2	English	2ECTS
	TOTAL	30 ECTS

CU	SEMESTER 4	Credits
UE 1.3	Legislation, Ethics and Deontology	3 ECTS
UE 2.7	Organ Failure and Degenerative Processes	2 ECTS
UE 3.4	Introduction to the Research Process	2 ECTS
UE 3.5	Management of Healthcare Professionals	2 ECTS
UE 4.3	Emergency Treatment	1 ECTS
UE 4.4	Therapeutics & Contribution to Medical Diagnosis	2 ECTS
UE 4.5	Nursing Care & Risk Management	1 ECTS
UE 4.6	Educational & Preventive Care	2 ECTS
UE 5.4	Educational Care, training of Healthcare professionals and trainees	4 ECTS
UE 5.8	10-week Clinical Practice Placement	10 ECTS
UE 6.2	English	1 ECTS
	TOTAL	30 ECTS



# **3rd Year Course Units**

CU	SEMESTER 5	Credits
UE 2.6	Psychopathological Processes	2 ECTS
UE 2.9	Tumour Processes	2 ECTS
UE 2.11	Pharmacology& Therapeutics	2 ECTS
UE 3.3	Nursing Roles, Work Organization and Interprofessionalism	2 ECTS
UE 4.2	Communication skills	1 ECTS
UE 4.4	Therapeutics & Contribution to Medical Diagnosis	2 ECTS
UE 4.7	Palliative and End-of-Life Care	2 ECTS
UE 5.5	Implementation of Therapeutics and Care Co-ordination	4 ECTS
UE 5.7	Optional Course unit	1 ECTS
UE 5.8	10-week Clinical Practice Placement	10 ECTS
UE 6.2	English	2 ECTS
	TOTAL	30 ECTS
CU	SEMESTER 6	Credits
UE 3.4	Introduction to the Research Process	2 ECTS
UE 4.8	Quality of Care& Assessment of Practices	3 ECTS
UE 5.6	Analysis of the Quality and Treatment of Scientific & Professional Data	8 ECTS
UE 5.7	Optional Course Unit	1 ECTS
UE 5.8	15-week Practice Placement	15 ECTS
UE 6.2	English	1 ECTS
	TOTAL	30 ECTS



#### **CLINICAL BASED INSTRUCTION**

A student will undertake **4 different types of clinical placements** during the 3 years of the nursing course:

- ♣ Short-stay/Acute care (general medical wards, surgical wards & obstetrics)
- Mental Health and Psychiatry
- **↓** Long-term Care and Follow-up Care & Rehabilitation (geriatrics, convalescent services etc.)
- ♣ Individual or Collective healthcare ... (in the home, at work, in schools, in child care centres etc.)

	UE 5.8 1ST YEAR CLINIC	AL PRACTICE PLACEMENT	rs -
SEMESTER 1	5 weeks	175 hours	5 CREDITS
SEMESTER 2	10 weeks	350 hours	10 CREDITS
TOTAL	15 weeks	525 hours	15 CREDITS

	UE 5.8 2ND YEAR CLIN	NICAL PRACTICE PLACEME	ENTS
<b>SEMESTER 3</b>	5 weeks	350 hours	10 CREDITS
<b>SEMESTER 4</b>	10 weeks	350 hours	10 CREDITS
TOTAL	20 weeks	700 hours	20 CREDITS

UE 5	5.8 3RD YEAR PRACTICE F	PLACEMENTS IN THE WOR	KPLACE
SEMESTER 5	10 weeks	350 hours	10 CREDITS
SEMESTER 6	15 weeks	525 hours	15 CREDITS
TOTAL	25 weeks	875 hours	25 CREDITS

Clinical placements take place in **Paris or the Paris region**, in hospitals or external healthcare facilities in both the public and private sectors, on the basis of a **35-hour working week**. Actual working hours can vary in accordance with the facility and the type of training.



#### **ASSESSMENTS**

#### Each skill is obtained in a cumulative manner:

Validation of all course units in relation to a particular skill

- **University assessments** are scheduled for the end of each semestre (with the exception of Semestre 6)
- Assessment of course units taught at the nursing school can take place throughout each semestre.

Aquisition all elements of a skill

 evaluated during clinical placements by the nurse tutor



## 2018-2019 CALENDAR

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## **SCHOOL AMENITIES**

The nursing school has classrooms, practice rooms, computer rooms and a library.

#### **COMPUTER ROOMS**

Two computer rooms are available, one on the 4th floor (room 407) and the other on 3rd floor (room 317).

**Opening times** are daily Monday to Friday from 9 am to 5 pm, (except Fridays when the library closes at 4 pm.)

There are 5 computers available to students in each computer room.

Access is strictly reserved to students of the school.

A Wi-Fi access is currently being established.

#### **CLINICAL SKILLS & PRACTICE ROOMS**

Three rooms are available for clinical practice and simulation.





#### THE LIBRARY

#### The purpose of the library

The purpose of the library is to collect, conserve and make documentary resources available to students and teachers.

The librarian is responsible for documentary information.

On request, the librarian will also help students in their search for information.

Also on request, the librarian can help students to use IT, to format and to review their documents (presentations and final-year dissertations).



#### **Conditions of Use**

The library is open daily Monday to Friday from 8 am to 6 pm, (except on Fridays when the library closes at 4 pm).

Access to the library is free to all students and teachers of the school.

However, users must undertake to treat books and documents at their disposal with respect and to adhere to library rules concerning loans, which are to be found below.

#### **Documentary resources**

The library contains around 1,200 books and encyclopedias and has subscriptions to 30 professional journals. All are listed in the library catalogue which is updated regularly.

A <u>press review</u> is issued every month or so giving a summary of the latest magazines and journals available in the library. This is in paper format. A computerized version is also available and can be sent to students on request.

Our librarian networks with librarians from other paramedical training facilities in the Ile de France and helps update the web directory of **F@VORI'SITES.** 

Students can access the library collection on the internet through the following address: <a href="http://docifsi-ihfb92.fr/opac.css/">http://docifsi-ihfb92.fr/opac.css/</a> They will be provided with an ID (username) and a password.



#### STUDENT COMMON ROOM

The student common room, located overlooking the concourse, is a relaxing and convivial place where students can come to eat and drink.

It is equipped with 4 microwave ovens, and vending machines for drinks and snacks.

There is a wide variety of restaurants at La Défense.





#### **ACCOMMODATION**

The nursing school does not have student accommodation. We advise flat- or apartment- sharing, a solution which has always proved tremendously successful with our students.

We advise you to start looking for accommodation as early as possible as it is not easy to find in the Paris area.

Here are some ideas:

#### Flat- or apartment sharing

#### • **Geolocalisation** via lacartedescolocs.fr

To help get you started in your search for a flat or apartment to share, this website provides an interactive map, by district or neighbourhood, by means of which you can look for the accommodation of your dreams.

#### • Language share via room4talk.com

If you are a foreign student enrolled in a French university, why not put your time to good use by becoming bilingual. This is the challenge of the room4talk.com website which helps young people wishing to learn a foreign language to find flatmates or housemates with similar wishes.

#### • Intergenerational homesharing via esdes-intergenerations.net.

Another possibility is intergenerational homesharing. Many older people have a room or rooms available in their home. This is an occasion for the founder of this website to offer accommodation to young people in an older person's home in exchange for their presence, security and small chores. »



## Finding accommodation direct

• Exchange or rental of a room via <u>studyenjoy.com</u> and <u>Roomlala.com</u>

The aim of **studyenjoy.com** is to enable students to find free lodging. The system is based on the principle of a room exchange. Your parents can make your room available to a foreign student and, in return, you can move into a room left vacant by another student. To make things simpler, this room does not have to be the room of the student lodging with your parents.

**Roomlala.com** enables people to find rental accommodation for a period of days, weeks or months. The tab Campus, for students, allows you access to all offers of studio accommodation, house- or flatsharing, halls of residence or rooms in private homes. You can also find accommodation in exchange for services (house-sitting, private tutoring, providing company for older people, etc.)

## **Specialist websites**

To access other offers you also have the possibility of using the services of real estate professionals, either through a visit to their offices or via the following websites:

Websites <u>seloger.com</u>, <u>explorimmo.com</u>, <u>logic.com</u>.

**Seloger.com**, a French real estate giant, offers a vast selection of rental accommodation from real estate companies, and provides efficient research filters and expert advisors who can answer the most frequently-asked questions. Other companies offering the same type of service are **explorimmo.com** and **logic-immo.com**.

Websites dedicated to students: <u>adele.org</u>, <u>location-etudiant.fr</u> and <u>lokavez.fr</u>

**Adele.org** can be of help if you are looking for a room or flat/apartment in student residences. You can send in your application on line and then, if it is accepted, you can sign the lease direct.



With almost 280,000 references for accommodation, location-etudiant.fr offers accommodation to suite the needs of students (often fairly inexpensive rooms, rooms in residences and small flats/apartments).

Created by le Crous de l'Ile de France, <u>lokaviz.fr</u> is a platform which puts students in touch with owners of studio accommodation and rooms to let. The website has ads for more that 150,000 rooms and flats and 694 halls of residence in 246 towns and cities in France. This is a comprehensive search engine which includes multiple criteria (maximum rent, location, type of accommodation, dates available). Furthermore, all accommodation on this website is covered by the Crous label which guarantees location near students' schools, reasonable rents and « the respect of good rental practices between tenants and landlords ».

Although anyone can consult these ads, you must personally register through your PVE (Portail de la Vie Etudiante) account in order to obtain the contact details of owners with accommodation for rent.

#### Social networks

As a final option, when looking for accommodation, don't forget to take a look at the social networks. These are ideal places to post ads with your Facebook contacts or take part in group discussions on accommodation and good tips.

One of the most well-known groups on Facebook where you can place small ads, in particular, for accommodation, is **WANTED#bons plans**. This network has more than 87,000 members, most of whom are located in Paris.

En savoir plus sur http://www.lemonde.fr/campus/article/2015/07/10/les-meilleurs-sites-pour-trouver-son-logement-etudiant\_4678633\_4401467.html#OwWkUX7oRLF6lMVo.99



#### YOU WISH TO STUDY AT OUR SCHOOL AS AN EXCHANGE STUDENT

Our teaching, administrative and nursing staff, as well as our students, will be pleased to welcome you and assist you throughout your stay.

For information, and applications, please contact:

Mrs. Catherine FAURANT
International Relations Coordinator

E-mail address: <a href="mailto:catherine.faurant@ifsi-ihfb92.fr">catherine.faurant@ifsi-ihfb92.fr</a>



Etudiants Erasmus IFSI IHFB

 $\bowtie$  Applications must be submitted:

before 31st March for an exchange starting in September

before 30 September for an exchange starting in February



#### YOU WISH TO STUDY AT OUR SCHOOL AS AN EXCHANGE STUDENT

## When registering you must present the following documents:

## Administrative documents :

- Valid Passport or national identity card
- Social security coverage: European Health Insurance Card (EHIC)
- Additional Private insurance (medical evacuation and repatriation)

## Medical documents :

- Vaccination certificates (TB, Diptheria, Tetanos, Polio, Hepatitus B)
- A medical aptitude certificate signed by your doctor.
- Written results of your chest x-ray.

## Academic documents :

- Letter of motivation
- C.V.
- Copy of course marks obtained
- Confirmation of your level of French: level B is strongly recommended



An application form will be sent to you by e-mail.



## ACCES TO THE IHFB NURSING SCHOOL BY PUBLIC TRANSPORT

## RER (express metro) STATION « LA DEFENSE GRANDE ARCHE »

- Métro n°1 (Château de Vincennes / La Défense Grande Arche): M 1
- •RER A (Boissy-St-Léger / Marne-La-Vallée Poissy / Cergy):La Défense 🕮 🔕
- Tramway T2 (Porte de Versailles Parc des expositions / La Défense):

La Défense 🛈 ②

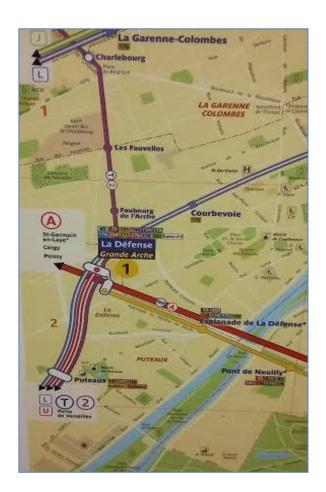
•Transilien' suburban trains (lines U and L)



- Accès SNCF trains (lines Paris Saint-Lazare / Saint-Nom-la-Bretèche ou Versailles-RD / Saint-Quentin-en-Yvelines / La Verrière)
- Bus:



• Pedestrian access: follow CNIT exit signs.





#### **USEFUL LINK**

The city of Paris has an Erasmus Club which you can contact at the following address:

www.paris-europe.eu/0010-Nos-Activites/2-Club-Erasmus.htm

Join the Erasmus Club at the Maison de l'Europe in Paris!



You can find out more about future activities and everything that is happening at the Club via tour facebook page <u>Club Erasmus de la Maison de l'Europe de Paris</u>. We are open from 2 pm to 6 pm. Don't hesitate to drop in to see us at 29, avenue de Villiers, Paris 17e. Metro Villiers or Malesherbes.



















